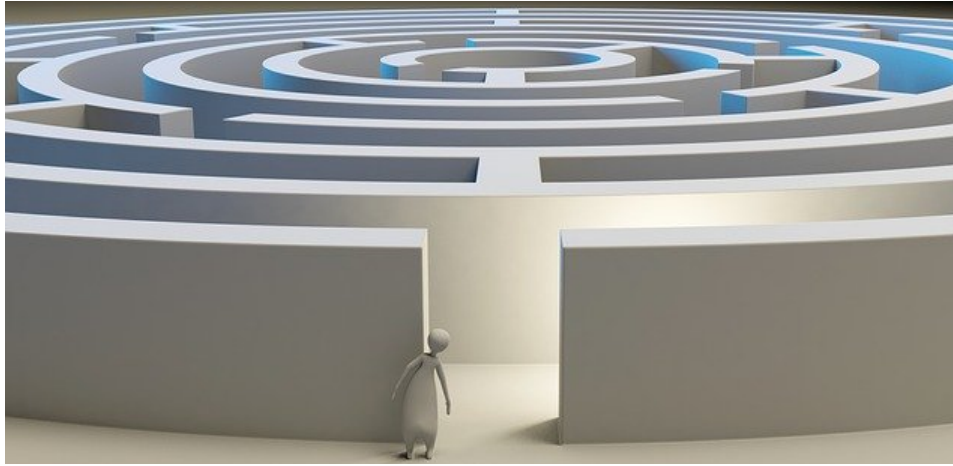


# "Appeal"ing Affirmations

## What I visualize, I can achieve.



### What I visualize, I can achieve

I see my goals, dreams, and plans clearly in my mind. I use visualization to make my future plans perfect and complete. By using visualization, I see how I can achieve the goals I set for myself and the dreams that are in my heart.

***I visualize my plans coming to fruition.*** My plans give me hope and a future that I can look forward to and be proud of. I know I can achieve my plans. Every day I see myself accomplishing what I set out to do.

***I achieve anything I put my mind to.*** Each goal I set, I meet. Each plan I have is carried out. Each dream I have is fulfilled. Every day, I am closer to completion of everything I set out to do. When I focus on my life, things are clear and bright.

I take great joy from planning my future. Plans are important to me, but I am flexible and can handle change. Visualizing my future helps me set good goals and work toward them. If I see room for improvement, I adapt easily so I can stay on course.

Reaching my goals is easy when I visualize them. ***I am capable of achieving anything I want to achieve.*** Each day, I am thankful that I can meet my goals and accomplish my dreams. I encourage others to follow what is in their hearts and plan for a great future.

Today, I visualize my goals, dreams, and plans clearly, and I move toward achieving them.

### Self-Reflection Questions:

1. How can I see my goals and dreams more clearly?
2. What can I achieve if I put my mind to it?
3. How can I encourage others to visualize and achieve their goals?

